



Greenstedts International School

The Flamingo

Issue 21, Friday 28th February 2025





U15 Boys Basketball

Greenstedts 41-31 Brookhurst



U15 Girls Football

Greenstedts 0-0 Brookhurst















Sports Gallery













African Debate 2025 Rift Valley Round



Greensteds Shines at the African Debate Championships

On the 15th and 16th of February, Greensteds International School proudly hosted The Rift Valley Open 2nd Edition, welcoming six schools for a showcase of debate, public speaking, and quiz challenges.

Our talented debaters delivered outstanding performances, securing numerous accolades across various categories:

Elementary Category:

Gold Cup Elementary Category Winner (Bracey Ochieng, Haboon Haji, Maryanne Ochieng & Amie Hunjan)

**Elementary Debate Main Cup Winner
(Joseph Mwangi, Dylan Mwangi, Joseph Mwangi & Haroon Haji)**

**Elementary Debate Main Cup Semi-Finalists
(Joseph Mwangi , Dylan Mwangi, Joseph Mwangi & Haroon Haji)**

Senior Category:

**Senior Debate Main Cup Winner
(Shayna Kemboi, Cyril Mwambeyu, Marcel Waweru & Mochelle Mokuu- Best speaker)**

**Quiz Challenge Senior Category Runners-Up
(Jabril Davis, Kamraan Davis & Cariappa Aiyappa)**

Gold Cup Elementary Semi-Finalists
(Tyler Domnick, Leyian Lemayan & Andy Mukundi)

Gold Cup Elementary Category Runners-Up
(Bracey Ochieng, Maryanne Ochieng, Haboon Haji
& Amie Hunjan)

Silver Cup Elementary Semi-Finalists
(Christopher Gasperi, Aakash Gohil, Isaac Kamau, Michelle
Kemboi Matana Kamau, Neone Odiwour, Leticia Imani)

Public Speaking Elementary Category Runners-Up
Olivia Wambui, Kendra Njambi & Vallarie Ngugi)

Junior Category:
Public Speaking Junior Category Runners-Up
(Hibo Haji & Susan Biar)

**Additionally, Greensteds was honoured with the GIS Shield
for hosting The Rift Valley Open 2nd Edition 2025.**























Yr 2 Trip to Lake Nakuru



On Thursday, we visited Nakuru National Park, where we experienced its rich biodiversity. We observed a variety of wildlife, including warthogs, zebras, buffaloes, impalas, Grant's gazelles, elands, Thomson's gazelles, waterbucks, numerous giraffes, and a distant rhino. A few hippos playfully surfaced and disappeared, adding to the excitement. At the lake, we marveled at the diverse birdlife, with our guide informing us that the park hosts 450 species, including migratory birds. We took a break at the waterfall before heading to Lion Hill for lunch. The children had a memorable experience, especially when they got to hold a buffalo skull.











President's Award Bronze Expedition - Ngong



During half-term, our President's Award team embarked on an adventure in Ngong Township. The students left school on Monday, arriving in Ngong town at noon.

The team had a few hours looking at the town and its environment. In the evening we arrived at our 1st campsite at Ngong Township Primary School. At the campsite, the students settled down and prepared for the long day ahead.

On Tuesday the team was taken through different ways of map reading using a physical maps and compass points. The team set off in groups led by Mr. Koech from the President's Award office. The team went through different thickets and routes to cover 28km, arriving at Oloshoibor Primary at around 3:00pm. The team then had some time to relax and also to visit the local shopping area. Later, they embarked on meal preparation, where Marvin, Sudi and Lavine were outstanding.

The next day, the team woke up early, prepared breakfast and had some time to shake off the night on the football field. The last journey took us all the way to Kisamis shopping centre.

Much appreciation to all the students who took part in this Bronze Adventurous Journey. They managed to cover over 35 Km and are looking forward to qualifying for their President Award Bronze Certificate.

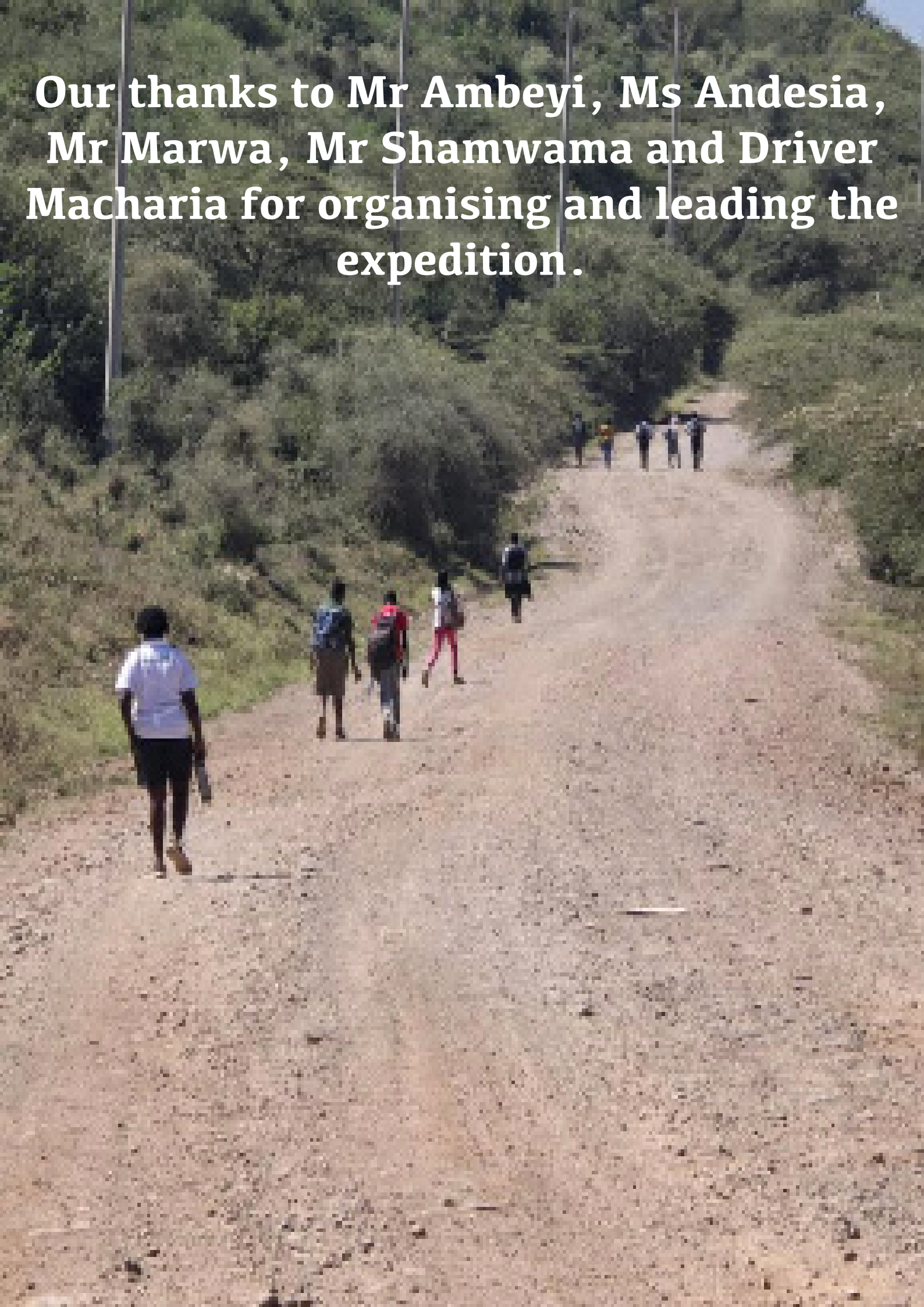
This activity was led by Mr. Marwa, Ms. Andesia and Mr. Ambeyi (Award Leaders at Greensteds). We were accompanied by Mr. Shamwama and Driver Macharia.







**Our thanks to Mr Ambeyi, Ms Andesia,
Mr Marwa, Mr Shamwama and Driver
Macharia for organising and leading the
expedition.**



GLOBAL PERSPECTIVES

Global Perspectives classes have been performing some group plays recently. The pupils were tasked to write a script collaboratively and then present the same in class. They did a marvelous job!





Unga Baby Day



A huge thank you to all the children and parents who helped make Unga Baby Day such a success. The donated bags of unga will be delivered to people in need within the local area.









The 3rd Junior Speakers Festival, Dar es Salaam



Following the success at the African Debate at the start of half-term, from February 21st to 25th, our debaters travelled to Dar es Salaam for the Junior Speakers Festival Qualifiers 2025, hosted by African Debate in collaboration with the Tanzania Competitive Rhetoric Organisation (TCRO).

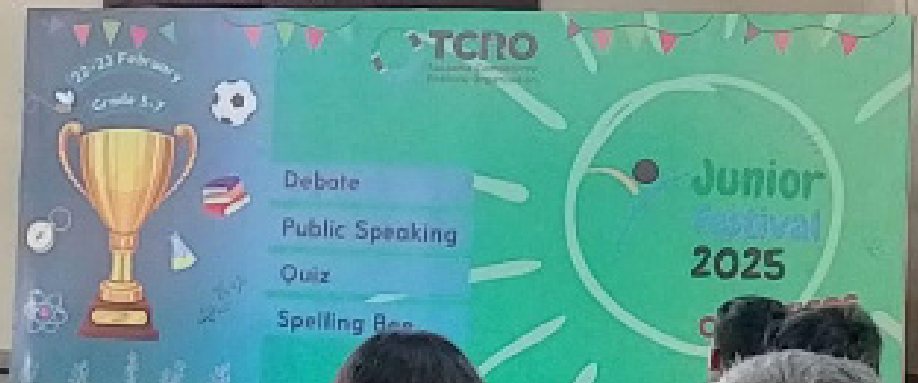
Once again, our team did showcase exceptional talent, securing multiple medals and two prestigious awards:

Top International Institution Overall

Top International Institution Debate

We extend our heartfelt congratulations to our Junior Scholars for their remarkable achievements. With these victories, both our Junior and Senior teams have now qualified for the Pan African Debate Championship in Cape Town, South Africa, in October 2025. Special appreciation goes to Mr. Felix Ochieng and Ms. Dorothy Wesonga for their dedicated leadership and guidance. Greensteds continues to nurture excellence in debate, public speaking, intellectual discourse and preparing our students for success on the global stage.











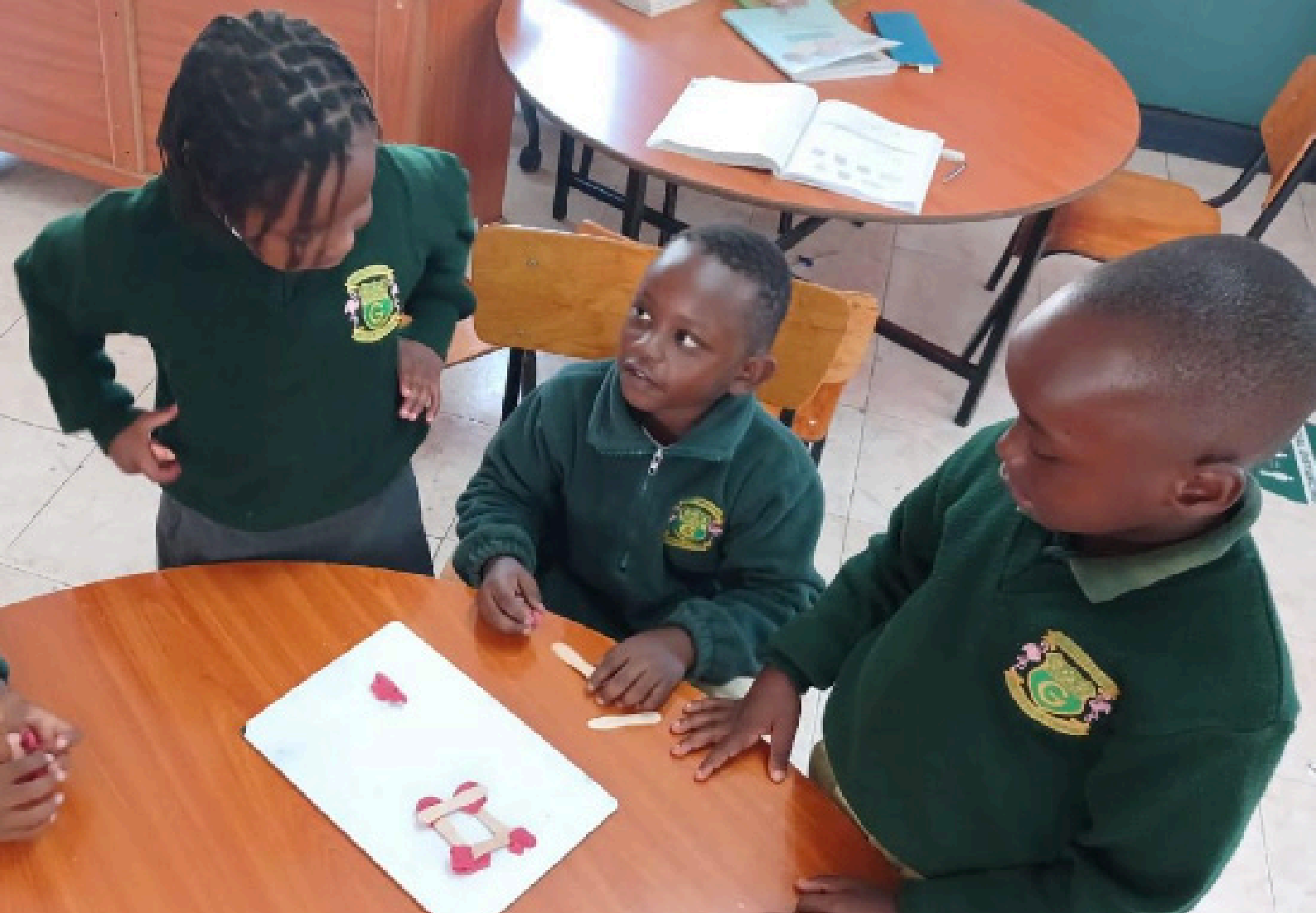




YEAR 1

Year 1 pupils have been working on a project to design shapes in their numeracy lessons...







early years





**On Monday, we will
warmly welcome
Ms Elizabeth - a new
Playgroup Teacher - to the
Greenstedts community.**



Please come and take a trip down Greensted's memory lane, thanks to Ms Ricci who set up a new display in the cafe over half-term.



Meet the Teacher

This week, we learn a little more about our Junior School Librarian, Mr Augustine Mucheru...



What inspired you to enter the teaching profession?

I'm not actually a teacher by profession, but I am designed to provide information, explain concepts, and help people learn in an engaging and effective way. However, growing up with some of my family members as teachers, made me consider teaching as a career. I can proudly say working as a school librarian & supporting teaching is equally inspiring.

Where did you grow up?

I grew up in Mugoiri, Murang'a... county in central Kenya.

If you could do any other job, what would it be?

If I could do any other job, it would definitely be something in the ICT field, particularly graphic design or programming. Both fields offer a unique blend of creativity and technical problem-solving, which I find exciting.

How would you spend Your Ideal Weekend?

My ideal weekend would be family time and a mix of relaxation and productivity. Reading a book, watching a movie, binge watching a good series, or exploring something new in the tech/design world.

What is your favourite song?

Goodness of God by Christopher Martin. It's an inspirational song that speaks about faith, gratitude, and the constant presence of God in our lives.

Tell us something that we do not know about you:

When I was eight, I was fascinated by parachuting and paragliding. I had watched a documentary then and thought how cool it would be to soar in the air. Since I didn't have the right gear and equipment, I thought I could use an umbrella. Up the tree I climbed. A few seconds later I was not soaring but on the hard ground writhing in pain. It was even not so cool when my mum got to know what happened to her umbrella.

What was the last book you read?

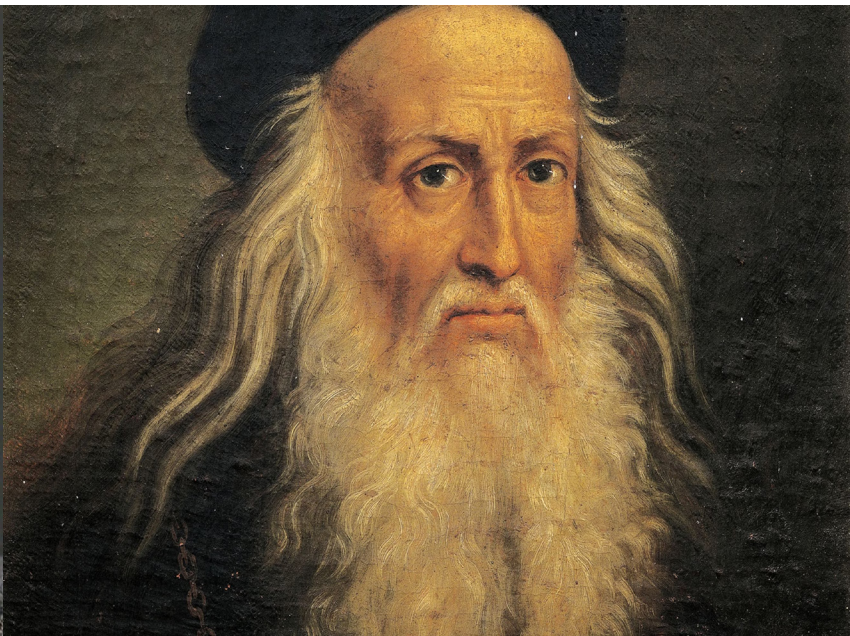
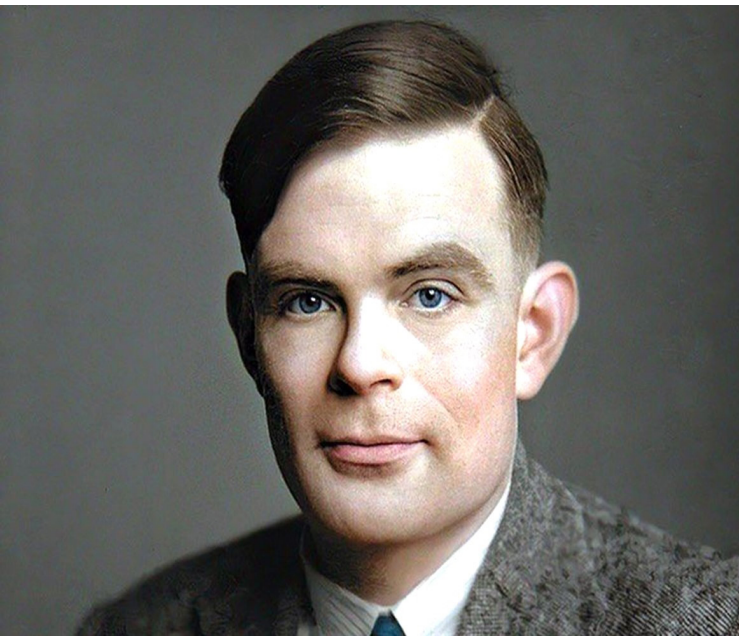
"Who Moved My Cheese?" by Spencer Johnson. A simple yet powerful book about dealing with change in life and work.

What is your Favorite meal?

Chapati with chicken or meat stew.

If you could invite any two people to join you for dinner who would they be?

Alan Turing who is considered the father of modern computing. He theorised about artificial intelligence (AI) and speculated about the future of machines thinking like humans. Leonardo da Vinci who excelled in art, engineering, anatomy and invention. I would truly enjoy the conversation between the two gentlemen. Conversation would be shifting from logic to art, reasoning to imagination.





Alumni Corner



Recently, Ms Andesia met Dr. Tisha King - an alumna of Greenstedts who completed her A levels in 2016. Dr King is now an Alumna of St. George's University School of Medicine, currently working with AMREF.

During half-term, the family of former Greensted's Art Teacher, Saida Karimbux, who sadly passed away recently, came to school to plant trees in her memory.





GREENSTEDS INTERNATIONAL SCHOOL

Inter-House MUSIC

MAR 7th \$ APR 4th
2025


Featuring

- +HOUSE BANDS
- +MODERN DANCE
- +SOLOS, TRIOS, DUETS
- + FOLK SONGS

MAIN HALL

10:00A.M-12:30P.M



A yellow sticky note with a white border, tilted slightly to the right. It has the words 'MOCK EXAMS' written in black, bold, uppercase letters, underlined. Below that, it says 'Start SOON' in black, uppercase letters, with 'SOON' underlined.

**MOCK
EXAMS**

Start
SOON

**Year 6
iPrimary
Mock Exams**

Monday 24th March

Tuesday 25th March

**Revision work will
begin coming home
from Friday 7th March**



Examination Schedule (April - June 2025)

iPrimary (Yr 6)
Checkpoint (Yr 9)
IGCSE & GCE O Level
A Level

Date	Examination	Time
2nd April 2025	IGCSE ICT Practical Exam (21)	1.45pm - 4.00pm
3rd April 2025	IGCSE ICT Practical Exam (31)	1.45pm - 4.00pm
22nd April 2025	Checkpoint English Paper 1 (Non-Fiction)	7.45am - 8.55am
22nd April 2025	Checkpoint English Paper 2 (Fiction)	9.10am - 10.20am
23rd April 2025	Checkpoint Maths Paper 1 (Non-Calculator)	7.45am - 8.45am
23rd April 2025	Checkpoint Maths Paper 2 (Calculator)	9.00am - 10.00am
24th April 2025	Checkpoint Science Paper 1	7.45am - 8.30am
24th April 2025	Checkpoint Science Paper 2	8.45am - 9.30am
25th April 2025	IGCSE Swahili (Reading & Writing)	10.00am - 12.00pm
28th April 2025	GCE O Level English Language (21) (Writing)	2.00pm - 4.00pm
28th April 2025	A Level English Literature (11) (Drama & Poetry)	2.00pm - 4.00pm
30th April 2025	IGCSE Global Perspectives (Team Project)	n/a

30th April 2025	IGCSE Global Perspectives (Individual Report)	n/a
30th April 2025	IGCSE Physical Education (Coursework)	n/a
30th April 2025	IGCSE Chemistry (41) (Theory Extended)	2.45pm - 4.00pm
30th April 2025	IGCSE English as a Second Language (31) (Speaking Endorsement)	n/a
30th April 2025	A Level English Language (11) (Reading Paper)	1.45pm - 4.00pm
2nd May 2025	IGCSE Mathematics (12) Core (Non-Calculator)	10.30am - 12.00pm
2nd May 2025	IGCSE Mathematics (22) Extended (Non-Calculator)	10.00am - 12.00pm
5th May 2025	IGCSE Swahili (Listening)	11.15am - 12.00pm
5th May 2025	A Level English Language (21) (Writing)	2.00pm - 4.00pm
6th May 2025	IGCSE Geography (12) (Geographical Themes)	10.15am - 12.00pm
6th May 2025	IGCSE Biology (41) (Theory Extended)	2.45pm - 4.00pm
6th May 2025	IGCSE Coordinated Science (41) (Extended Theory)	2.00pm - 4.00pm
6th May 2025	A Level Business (12) (Business Concepts 1)	10.45am - 12.00pm
6th May 2025	A Level Chemistry (31) (Advanced Practical Skills)	2.00pm - 4.00pm
7th May 2025	IGCSE Mathematics (32) Core (Calculator)	10.30am - 12.00pm
7th May 2025	IGCSE Mathematics (42) (Extended - Calculator)	10.00am - 12.00pm
8th May 2025	IGCSE ICT (12) (Theory)	10.30am - 12.00pm
8th May 2025	IGCSE Global Perspectives (12) (Written Paper)	10.35am - 12.00pm
8th May 2025	GCE O Level English Language (21) (Reading)	2.00pm - 4.00pm
8th May 2025	IGCSE First Language English (11)	2.00pm - 4.00pm

	(Oral Endorsement - Reading)	
8th May 2025	IGCSE Second Language English (11) (Oral Endorsement - Reading & Writing)	2.00pm - 4.00pm
8th May 2025	A Level Mathematics (Edexcel Pearson) (Pure Mathematics 1)	9.00am - 10.30am
8th May 2025	A Level Biology (31) (Advanced Practical Skills)	2.00pm - 4.00pm
9th May 2025	IGCSE Physics (41) (Theory Extended)	2.45pm - 4.00pm
9th May 2025	A Level Physics (Edexcel Pearson) (Mechanics & Materials)	9.00am - 10.30am
9th May 2025	A Level Chemistry (41) (Structured Questions)	2.00pm - 4.00pm
12th May 2025	IGCSE English Literature (12) (Poetry & Prose)	10.30am - 12.00pm
12th May 2025	A Level Business (22) (Business Concepts 2)	10.30am - 12.00pm
12th May 2025	A Level Biology (41) (Structured Questions)	2.00pm - 4.00pm
13th May 2025	IGCSE Coordinated Science (51) (Practical Test)	2.00pm - 4.00pm
13th May 2025	IGCSE Biology (51) (Practical Test)	2.45pm - 4.00pm
13th May 2025	A Level Mathematics (Edexcel Pearson) (Pure Mathematics 2)	9.00am - 10.30am
13th May 2025	A Level English Literature (21) (Prose & Unseen)	2.00pm - 4.00pm
13th May 2025	A Level Psychology (31) (Specialist Ops's: approaches, issues & debates)	2.30pm - 4.00pm
14th May 2025	IGCSE English Literature (32) (Drama - Open Text)	9.55am - 10.40am
14th May 2025	IGCSE English Literature (42) (Unseen)	10.45am - 12.00pm
14th May 2025	IGCSE First Language English (21) (Directed Writing & Comp')	2.00pm - 4.00pm
14th May 2025	A Level Physics (Edexcel Pearson) (Waves & Electricity)	9.00am - 10.30am
14th May 2025	AS Level Economics (21) (Data Response & Essays)	2.00pm - 4.00pm

15th May 2025	IGCSE Geography (22) (Geographical Skills)	10.30am - 12.00pm
15th May 2025	IGCSE Chemistry (51) (Practical Test - Extended)	2.45pm - 4.00pm
15th May 2025	A Level Biology (51) (Planning, Analysis & Evaluation)	2.45pm - 4.00pm
15th May 2025	AS Level Biology (21) (Structured Questions)	2.45pm - 4.00pm
16th May 2025	IGCSE Business Studies (11) (Short Answer / Data Response)	2.30pm - 4.00pm
16th May 2025	A Level Psychology (41) (Specialist Ops's: Application & Research Methods)	2.30pm - 4.00pm
19th May 2025	IGCSE Business Studies (21) (Case Study)	2.30pm - 4.00pm
19th May 2025	A Level Physics (Edexcel Pearson) (Practical Skills)	9.00am - 10.20am
19th May 2025	AS Level Chemistry (21) (Structured Questions)	2.45pm - 4.00pm
19th May 2025	A Level Chemistry (51) (Planning, Analysis & Evaluation)	2.45pm - 4.00pm
20th May 2025	IGCSE Geography (42) (Alternative to Coursework)	10.30am - 12.00pm
20th May 2025	IGCSE Physical Education (12) (Theory)	10.15am - 12.00pm
20th May 2025	IGCSE Physics (51) (Practical Test - Extended)	2.45pm - 4.00pm
20th May 2025	A Level Mathematics (Edexcel Pearson) (Statistics 1)	9.00am - 10.30am
21st May 2025	A Level Geography (31) (Advanced Physical Geography)	2.30pm - 4.00pm
22nd May 2025	IGCSE English as a Second Language (Listening Multiple Choice)	3.10pm - 4.00pm
23rd May 2025	IGCSE Economics (21) (Structured Questions)	1.45pm - 4.00pm
23rd May 2025	A Level Geography (41) (Advanced Human Geography)	2.30pm - 4.00pm
27th May 2025	A Level Economics (Edexcel Pearson) (Business Behaviour)	12.00pm - 2.00pm
27th May 2025	iPrimary Computing Test	9.00am - 10.00am

28th May 2025	iPrimary English Test	9.00am - 10.30am
29th May 2025	A Level Mathematics (Edexcel Pearson) (Pure Mathematics 3)	9.00am - 10.30am
29th May 2025	iPrimary Mathematics Test	9.00am - 10.00am
30th May 2025	iPrimary Science Test	9.00am - 10.00am
3rd June 2025	A Level Economics (Edexcel Pearson) (Dev' in the Global Economy)	12.00pm - 2.00pm
4th June 2025	IGCSE Physics (21) (Multiple Choice - Extended)	3.15pm - 4.00pm
4th June 2025	IGCSE Coordinated Science (21) (Multiple Choice)	3.15pm - 4.00pm
4th June 2025	A Level Chemistry (11) (Multiple Choice)	2.45pm - 4.00pm
5th June 2025	IGCSE Economics (11) (Multiple Choice)	3.15pm - 4.00pm
5th June 2025	A Level Mathematics (Edexcel Pearson) (Pure Mathematics 4)	12.00pm - 1.30pm
6th June 2025	A Level Mathematics (Edexcel Pearson) (Statistics 2)	12.00pm - 1.30pm
9th June 2025	AS Level Economics (11) (Multiple Choice)	3.00pm - 4.00pm
10th June 2025	IGCSE Chemistry (21) (Extended - Multiple Choice)	3.15pm - 4.00pm
10th June 2025	A Level Biology (11) (Multiple Choice)	2.45pm - 4.00pm
11th June 2025	IGCSE Biology (21) (Extended - Multiple Choice)	3.15pm - 4.00pm



Sports Academy Update

This week the Sports academy resumes on Saturday 9:30am with the following sports to be conducted.

Soccer (For all participants)

Basketball U15s

Tennis U8 (Boys and Girls)

Swimming (for all participants)

CALL +254113825090/0719788174 for details.







Afternoon Sports Schedule

Week 9

Odd Weeks (1, 3, 5, 7, 9, 11)

	Year Group	Monday	Tuesday	Wednesday	Thursday
Junior school	Yr 1 & 2 (PM1)	Girls: Swimming Boys: Hockey	Hockey	Hockey	Football
	Yr 3 & 4 (PM1)	Hockey	Girls: Swimming Boys: Hockey	Hockey	Football
	Yr 5 & 6 (PM1)	Hockey	Football	Girls: Swimming Boys: Hockey	Hockey
Senior school	Yr 7 & 8 (PM2)	Girls: Basketball Boys: Football	Hockey	Hockey	Girls Swimming Boys Hockey
	Yr 9 & 10 (PM2)	Girls Swimming Boys Hockey	Girls: Basketball Boys: Football	Hockey	Hockey
	Yr 11, 12 & 13 (PM2)	Girls Swimming Boys Hockey	Hockey	Girls: Basketball Boys: Football	Hockey





Week 9

Monday	Tuesday	Wednesday
Morning Snack	Morning Snack	Morning Snack
Samosas Juice/Hot chocolate	chocolate croissant Juice/Hot chocolate	Custart doughnut Juice/Hot chocolate
Lunch	LUNCH	LUNCH
Cream of vegetable soup Braised beef Green lentil curry Cabbage & carrots Chapati Fruits slices	Assorted salad & dressing Grilled chicken Vegetable ratatouille Lyonnaisse potatoes Watermelon slices	Cream of carrot & ginger soup Lamb chops & mint gravy Ugali/Steamed rice Yellow bean stew Spinach & kale Ice cream
Afternoon Snack	Afternoon Snack	Afternoon Snack
Mini mandazi Tea/Hot chocolate	Beef and veg sandwich Juice/Hot chocolate	Whole apple

Thursday	Friday
Morning Snack	Morning Snack
Beef & veg pies Juice/Hot chocolate	Vegetable samosa Juice/Hot chocolate
LUNCH	LUNCH
Assorted salad & dressing Beef burger Vegetble cutlet Home-made fries Orange slices	Cream of pea soup Roast herb chicken Vegetable curry Corn and pea rice Mable cake
Afternoon Snack	Afternoon Snack
Vanilla cake Juice/Hot chocolate	Chocolate croissant Juice/Hot chocolate

Week 9



Mon 3rd March

Year 10 & 11 Work Experience Commences

Start of Book Week

4.00pm: Junior Parent-Teacher Consultations

Tue 4th March

4.00pm: Year 7, 8 & 9 Parent-Teacher Consultations

Wed 5th March

4.00pm: Year 10 & 11 Parent-Teacher Consultations

Thu 6th March

EY & Junior School Dress-Up Day (Favourite Book Character)

4.00pm: Year 12 & 13 Parent-Teacher Consultations

Fri 7th March

10.00am: Junior Inter-House Music Competition

Senior School Dress-Up Day (Favourite Book Character)

Sat 8th March

KAISSO U19 Boys & Girls Hockey League Finals

KAISSO U15 Girls Hockey Finals

Sun 9th March

No Events